

**Psalm 62:5-12**

Translation New International Version

<sup>5</sup>Yes, my soul, find rest in God;  
my hope comes from him.

<sup>6</sup>Truly he is my rock and my salvation;  
he is my fortress, I will not be shaken.

<sup>7</sup>My salvation and my honor depend on God<sup>[a]</sup>;  
he is my mighty rock, my refuge.

<sup>8</sup>Trust in him at all times, you people;  
pour out your hearts to him,  
for God is our refuge.

Surely the lowborn are but a breath,  
the highborn are but a lie.

If weighed on a balance, they are nothing;  
together they are only a breath.

<sup>10</sup>Do not trust in extortion  
or put vain hope in stolen goods;  
though your riches increase,  
do not set your heart on them.

<sup>11</sup>One thing God has spoken,  
two things I have heard:  
“Power belongs to you, God,  
<sup>12</sup>and with you, Lord, is unfailing love”;  
and, “You reward everyone  
according to what they have done.”

**Jonah 3:1-10**

Translation Common English Bible

**3** The LORD’s word came to Jonah a second time: <sup>2</sup>“Get up and go to Nineveh, that great city, and declare against it the proclamation that I am commanding you.” <sup>3</sup>And Jonah got up and went to Nineveh, according to the LORD’s word. (Now Nineveh was indeed an enormous city, a three days’ walk across.)

<sup>4</sup>Jonah started into the city, walking one day, and he cried out, “Just forty days more and Nineveh will be overthrown!” <sup>5</sup>And the people of Nineveh believed God. They proclaimed a fast and put on mourning clothes, from the greatest of them to the least significant.

<sup>6</sup>When word of it reached the king of Nineveh, he got up from his throne, stripped himself of his robe, covered himself with mourning clothes, and sat in ashes. <sup>7</sup>Then he announced, “In Nineveh, by decree of the king and his officials: Neither human nor animal, cattle nor flock, will taste anything! No grazing and no drinking water! <sup>8</sup>Let humans and animals alike put on mourning clothes, and let them call upon God forcefully! And let all persons stop their evil behavior and the violence that’s under their control!” <sup>9</sup>He thought, Who knows? God may see this and turn from his wrath, so that we might not perish.<sup>[a]</sup>

<sup>10</sup>God saw what they were doing—that they had ceased their evil behavior. So God stopped planning to destroy them, and he didn’t do it.